Resources for Survivors of Sexual Assault

Nevada law\(^1\) requires hospitals and independent centers for emergency care to provide survivors of sexual assault or attempted sexual assault with the following:

- Information about emergency contraception and prophylactic antibiotics, including possible side-effects and the location of facilities or pharmacies where those medications are available;
- Contact information for law enforcement agencies in Nevada;
- Other pertinent services including counseling, a list of clinics and other facilities that specialize in serving victims of sexual assault; and
- A list of locations that provide testing for sexually transmitted diseases.

The Nevada Sexual Assault Survivors’ Bill of Rights\(^2\) was created in 2019 to ensure that every survivor of sexual assault is supported and understands his or her rights. Visit the website of the Office of the Attorney General (ag.nv.gov) to view the Bill of Rights document and information about accessing a victim advocate.

Emergency Contraception (EC)

**Ella** – oral emergency contraception (available by prescription only). [https://ellanow.com/](https://ellanow.com/)

- Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

**Paragard IUD** – intrauterine emergency contraception if inserted within 5 days of unprotected sex. [https://www.paragard.com/](https://www.paragard.com/)

- Possible side-effects include heavier/longer periods, spotting between periods, increased cramping during periods. NOTE: This is considered a form of birth control but can also be used as emergency contraception if implanted within 5 days of unprotected sex.

**Plan B** – over the counter/non-prescription oral emergency contraception. [https://www.planbonestep.com/](https://www.planbonestep.com/)

- Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

Prophylactic Antiretrovirals and Antibiotics

**Azithromycin** (Zithromax, or Z-Pak) – to treat Chlamydia and part of the treatment for Gonorrhea.

- Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash. **Go to the emergency room or call 9-1-1** if you experience severe skin rash, hives or itching; difficulty breathing or swallowing; swelling of the face, hands, feet, ankles or lower legs; hoarseness; yellowing of the skin or eyes; or rapid pounding or irregular heartbeat. **Do not drink alcohol during treatment and for 24 hours after completing treatment**. **Do not have sexual contact with another person** for 7 days, with or without a condom.

**Bicillin L-A** – injection medication used to treat Syphilis.

- Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash or flushing sensations. These symptoms usually begin within 4 hours after the injection and may last up to 8 hours;

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\(^1\) Nevada Revised Statutes Chapter 449.1885

symptoms usually disappear within 24 hours. **Do not drink alcohol during treatment and for 7 days after treatment completion.**

Ceftriaxone (brand name: Rocephin) – injection antibiotic used to treat many kinds of bacterial infections, including Gonorrhea.

- Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash, flushing sensations. **Do not have sexual contact with another person for 7 days with or without a condom after last injection. Do not drink alcohol during treatment and for 24 hours after completing treatment.**

Dolutegravir (brand name: Tivicay) – oral medication used in conjunction with other HIV medications (e.g., Truvada) to help control infection by decreasing the amount of the virus in the body so the immune system can work better. Lowers your chance of getting HIV complications (such as new infections, cancer) and improves quality of life.

- Possible side-effects: headache and trouble sleeping.

Doxycycline – oral medication used to treat Syphilis and Chlamydia.

- Possible side-effects: Upset stomach, diarrhea, vomiting, stomach pain, mild skin rash (tell your doctor if any of these symptoms are severe or do not go away). Makes your skin sensitive to the sun; avoid exposure to the sun if possible, cover your skin with a hat, long-sleeved shirt, etc. **Do not drink alcohol during treatment and for 7 days after completion.** Doxycycline works best if you avoid taking antacids, such as Tums or Rolaids, as well as bismuth, calcium, iron supplements and multivitamins. **Do not have sexual contact with another person with or without a condom during treatment. Do not take if you are pregnant.**

Metronidazole (“Flagyl”) – oral antibiotic used to treat a variety of infections, including Bacterial Vaginosis or Trichomoniasis)

- Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash, possible metallic taste in the mouth and dark or red/brown urine. **Do not have sexual contact with another person with or without a condom for 7 days after last injection. Do not drink alcohol for 7 days before or after taking this medication.**

Post-Exposure Prophylaxis (PEP) for HIV – short course of medication that must be taken within 72 hours after suspected HIV exposure.

- Possible side-effects: nausea. Side-effects can be treated and aren’t life-threatening.

Truvada – oral medication used in conjunction with other HIV medications (e.g., Tivicay) to help control infection by decreasing the amount of the virus in the body so the immune system can work better.

- Possible side-effects: Diarrhea, headache, dizziness, trouble sleeping, back pain, or change in the color of skin on the palms or soles of the feet.

Victim Services/Mental Health Counseling

**Northern Nevada**

Nevada 2-1-1

Crisis Support Services
of Nevada ............................ 775-784-8090

Text “SASS” (Sexual Assault Support Services) to ........................................ 839863

Domestic Violence

Resource Center .................... 775-329-4150

Northern Nevada HOPES ........ 775-786-4673

Safe Embrace ........................ 775-322-3466

Sexual Assault Response

Advocates ........................... 775-883-7654

Text ........................................ 20121

State of Nevada Victims of

Crime Program ....................... 775-687-8428

University of

Nevada, Reno ....................... 775-784-6828 (option 1)

Victim Witness Assistance

Center (VWAC) ...................... 775-328-3210

Victims of Crime Treatment Center

at UNR ................................. 775-682-8684
### Southern Nevada

**Community Counseling Center**
- (702) 369-8700

**Gay and Lesbian Center of Southern Nevada**
- (702) 733-9800

**Rape Crisis Center**
- (702) 385-2153

**UNLV Center for Individual, Couple, and Family Counseling**
- (702) 895-3106

**UNLV Student Counseling and Psychological Services**
- (702) 895-3627

### Rural Nevada

**Churchill County**
- **Domestic Violence Intervention**
  - (Fallon) 775-423-1313
- **Fallon Mental Health Center** 775-423-7141

**Carson City**
- **Carson Mental Health Center – Rural Services Community Mental Health**
  - (Gardnerville) 775-782-3671

**Douglas County**
- **Advocates to End Domestic Violence** 775-883-7654
- **Domestic Violence Victim Assistance Project – Volunteer Attorneys for Rural Nevadans**
  - (Carson City) 775-883-8278
- **Douglas County Court Appointed Special Advocates (CASA)** 775-782-6247
- **Douglas Mental Health Clinic**
  - (Gardnerville) 775-782-3671

**Elko County**
- **Committee Against Domestic Violence (CADV)**
  - Harbor House 775-738-6524
- **Northeastern Nevada Court Appointed Special Advocates (CASA)** 775-934-7636
- **Nevada Check Up** 775-753-1233
- **Elko Counseling and Supportive Services** 775-738-8021

**Esmeralda and Nye Counties**
- **ABC Therapy (Pahrump)** 775-727-9749
- **No to Abuse (Pahrump)** 775-751-1118
- **No to Abuse (Tonopah)** 775-482-3016
- **Pahrump Behavioral Health Center (Pahrump)** 775-751-7406
- **Eagle Quest (Pahrump)** 775-751-6444

**E.C.A.N. Family Resources (Pahrump)** 702-913-5214

**Nevada Children’s Center – Behavioral & Mental Health (Pahrump)** 775-727-4300

**Rural Services Community Mental Health (Tonopah)** 775-482-6742

**Eureka and White Pine Counties**
- **Ely Counseling and Supportive Services** 775-289-1671

**Humboldt County**
- **Winneumucca Batterer’s Intervention Program** 775-625-4387
- **Winneumucca Domestic Violence Services – WDVS** 775-625-1313
- **Rural Counseling and Supportive Services of Winnemucca** 775-623-6580

**Lander County**
- **Committee Against Domestic Violence (Battle Mountain)** 775-635-2500

**Lincoln County**
- **Caliente Behavioral Health Center** 775-726-3368

**Lyon and Storey Counties**
- **ALIVE - Alternative to Living in Violent Environments (Yerington)** 775-463-5843
- **Rural Nevada Counseling (Yerington)** 775-463-6597
- **Rural Services Community Mental Health (Dayton)** 775-461-3769
- **Rural Services Community Mental Health (Silver Springs)** 775-577-0319
- **Rural Services Community Mental Health (Yerington)** 775-463-3191

**Mineral County**
- **Consolidated Agencies of Human Services (Yerington)** 775-945-2471
- **Hawthorne Mental Health Center** 775-945-3387

**Pershing County**
- **Pershing County Domestic Violence Intervention** 775-273-7373
- **Rural Services Community Mental Health (Lovelock)** 775-273-1036
Law Enforcement

**Northern Nevada**

Reno Police Department
- Non-emergency dispatch......... 775-334-2121
- Victim advocate..................... 775-657-4519

Sparks Police Department
- Non-emergency dispatch......... 775-353-2231
- Victim advocate..................... 775-353-2217

Washoe County Sheriff’s Office
- Non-emergency dispatch......... 775-785-9276
- Victim advocate..................... 775-325-6454

University of Nevada, Reno (UNR) Police Department
- Non-emergency dispatch........... 775-334-COPS (2677)
- Victim advocate services......... 775-560-0729

Reno-Sparks Indian Colony
- Tribal Police.......................... 775-785-9163

**Southern Nevada**

Las Vegas Metro
- Southeast Area Command......... (702) 828-3206
- Convention Center
- Area Command....................... (702) 828-3426
- Northwest Area Command....... (702) 828-3426
- South Central
- Area Command....................... (702) 828-8272
- Spring Valley Command .......... (702) 828-2640
- Summerland
- Area Command....................... (702) 828-9400
- Henderson Police Department.. (702) 267-5000
- University Police Services
- Southern Command................ (702) 895-3011
- North Las Vegas
- Police Department............... (702) 633-9111

**Rural Nevada**

Churchill County
- Sheriff’s Office.................... 775-423-3116

Douglas County Sheriff......... 775-782-5126
- Lake Tahoe.......................... 775-586-7250

Elko County Sheriff’s Office.... 775-777-7300
- Esmeralda County
- Sheriff’s Office.................... 775-485-6373

Eureka County
- Sheriff’s Office.................... 775-237-5330

Humboldt County
- Sheriff’s Office................... 775-623-6429

Lander County
- Sheriff’s Office................... 775-635-1100

Lyon County Sheriff’s Office...... 775-463-6600
- Fernley substation............... 775-775-3350
- Dayton substation............... 775-246-6200
- Silver Springs substation...... 775-577-5200
- Mesquite Police Department.... 702-346-6911

Mineral County
- Sheriff’s Office................... 775-945-2434

Nye County Sheriff’s Office
- North Area.......................... 775-482-8101
- Central area........................ 775-553-2345
- South area.......................... 775-751-7000

Pershing County
- Sheriff’s Office................... 775-273-2641

Storey County
- Sheriff’s Office................... 775-847-0959

White Pine Sheriff’s Department.................. 775-289-8808

If you have filed a police report, the Nevada Victims of Crime may be able to reimburse you for certain costs. For more information, visit [voc.nv.gov](http://voc.nv.gov).

Testing Clinics and Pharmacies

**Northern Nevada**

Community Health Alliance........ 775-329-6300

Incline Village Health Clinic....... 775-831-6200

Nevada Urban Indians............... 775-788-7600

Northern Nevada HOPES/Change Point........... 775-786-4673

Planned Parenthood
- Mar Monte.......................... 775-688-5555

Reno/Sparks Indian Tribal Health
- Center for Native Americans..... 775-329-5162

Renown................................ 775-982-4100
- Health Care Center (must meet income guidelines)
- Behavioral Health
- Emergency department
- Children’s Hospital
- South Meadows Medical Center
- Urgent care centers

**Southern Nevada**

Mesquite Police Department
- 702-346-6911

Nevada Urban Indians
- 775-788-7600

Northern Nevada HOPES/Change Point
- 775-786-4673

Planned Parenthood
- Mar Monte
- 775-688-5555

Reno/Sparks Indian Tribal Health
- Center for Native Americans
- 775-329-5162

Renown
- 775-982-4100
- Health Care Center (must meet income guidelines)
- Behavioral Health
- Emergency department
- Children’s Hospital
- South Meadows Medical Center
- Urgent care centers
St. Mary’s Health Network.......... 775-770-3000
   Emergency department
   Urgent care centers
University of Nevada Reno
   Student Health Center .......... 775-784-6598
University of Nevada Reno Family Medicine
   & Student Outreach Clinic
   (limited hours of operation)...... 775-682-8200
Veterans Administration (VA) Medical Center .......... 775-786-7200 or 888-838-6256
Washoe County Child Advocacy Center ................... 775-284-2750
Washoe County
   Health District.................. 775-328-2470

Southern Nevada
   All in One Pharmacy............... (702) 697-6501
   ASP Cares........................ (702) 912-4844
   Avella Specialty Pharmacy ...... (877) 480 1755
   Community Outreach
      Medical Center................ (702) 657-3873
   Huntridge Family Clinic ........ (702) 979-1111
   Planned Parenthood
      Southern Nevada.............. (702) 878-7776
   Southern Nevada Health District
      Sexual Health Clinic.......... (702) 759-0702
   UNLV Student health clinic ........(702) 895-3370
   UNLV Faculty and Staff
      Treatment (FAST) Center ...... (702) 895-0630

Rural Nevada
   Banner Churchill Community Hospital
      (Churchill Co.)............... 775-423-3151
   Battle Mountain General Hospital
      (Lander Co.).................. 775-635-2550
   Boulder City Hospital
      (Clark Co.).................. 702-293-4111
   Carson Valley Medical Center
      (Douglas Co.)............... 775-782-1500
   Desert View Hospital
      (Nye Co.).................. 775-751-7500
   Grover C. Dils Medical Center
      (Lincoln Co.)............... 775-726-3171
   Humboldt General Hospital
      (Humboldt Co.)............... 775-623-5222
   Incline Village Community Hospital
      (Washoe Co.)................ 775-833-4100
   Mt. Grant General Hospital
      (Mineral Co.)............... 775-945-2461
   Pershing General Hospital
      (Pershing Co.).............. 775-273-2621
   South Lyon Medical Center
      (Lyon Co.).................. 775-463-2301
   William Bee Ririe Hospital
      (White Pine Co.).......... 775-289-3001

*Contact your health insurance or medical provider for other options in your area.